MARIST SISTERS’ COLLEGE DRAGON BOAT RACE SQUAD

Following a very successful start to the 2012 race season, MSCW is looking to expand its Dragon Boat squad in preparation for the NSW Championships and Australian Championships.

There are 5 places remaining in the squad which is open to any MSCW girl who is willing to commit to training until the end of Term 1, 2012 plus attend the Australian Championships in Melbourne in week 10.

Training: Trainings are held at 1 Banks Street, Pyrmont under the guidance of Diana Dent, a fully qualified coach and member of the 2011 Australian Dragon Boat team.

Time: 6.15 am to 7.45 am each Thursday
4.15 pm to 5.45 pm each Friday (bus will take girls from school at 3.30 pm)

Transport: Girls need to make their OWN way to Banks Street by 6.15 am each Thursday morning. At the end of training a bus will collect the girls at 7.45 am and return them to school in time for period 1. On Friday afternoons, a bus will take the girls from school to Banks Street but girls will then need to be collected by parents at 5.45 pm sharp.

Race/Regatta schedule: All squad members must make a commitment to racing in the regattas listed below:
- NSW Championships - 11th March 2012 at Penrith
- National Championships - 31st March to 6th April 2012 at Docklands, Melbourne
- WORLD CLUB CREW CHAMPIONSHIPS, HONG KONG

Marist Sisters’ College has qualified to compete at the 2012 World Club Crew Championships held in Hong Kong, July 2012! From the MSCW squad, girls will also be given the opportunity to be selected for this team to compete in HK. Selections for this will be based on both training performance and regatta performance and the selection process will begin in Term 4, 2011.

COST
Parents will be billed each term for Dragon boating according to costs involved.
Costs will cover: training (coach), boat hire, bus to school, regatta entry

COST FOR TERM 1, 2012 is $340 per student

Additionally girls will need to register with DB NSW ($40). This includes all coaching, buses, regatta entry to NSW championships and Aus Championships.

(Please note – the NSW team members may incur an additional race entry fee but this will be organised by NSW coaches.)

The trip to Melbourne and Hong Kong will be additional. The Melbourne trip is $850 (parents would be required to pay a $500 deposit asap as flights have already been booked)

For further information, please contact Ms J Kemp (MSCW Sport Coordinator) at kemp@mscw.catholic.edu.au.

Further information about these trips will be given at a DB meeting.

If interested, please email Ms Kemp ASAP. Also please complete the permission note on the following page and return ASAP.
DRAGON BOAT SQUAD PERMISSION NOTE

Permission notes should be returned to Ms Kemp ASAP if you are interested in joining the Dragon Boat squad.

Training may begin as soon as permission note has been received.

Student Details:
Name __________________________________________________________
Year _______ Tutor group _______

Parent Details:
Name __________________________________________________________
Mobile __________________________ Email __________________________

I give my daughter permission to attend Dragon Boat training to be held at 1 Banks Street, Pyrmont from 6.15 am to 7.45 am each Thursday and from 4.15 pm to 5.45 pm each Friday.

My daughter can swim 50m dressed in paddling clothes YES / NO
If NO, she must wear a PFD while in the boat (life jacket)

I understand that a Dragon Boat fee will be charged to my account at the beginning of each term. ($340 for term 1 2012)

My daughter is able to attend all regattas including the National Championships (Melbourne) YES / NO

My daughter would be available to TRIAL for the Hong Kong team YES / NO

____________________________________
Signed (parent/guardian)

____________________________________
Date